

From Connection to Cooperation: Creating Effective Classroom Management Strategies Using Attachment Theory and Social Emotional Learning

Icebreaker

Who was your favorite teacher as a child and why? What do you remember about that teacher or their class?

Lecture Key Points

Attachment

- Attachment theory is the psychological theory that caregiver-child relationships are significant for social-emotional development.
- Research shows that teacher-student relationships have similar qualities to attachment relationships.
- Teacher-student relationships have an impact on academic performance and students' social adaptation.

Social Emotional Learning (SEL)

- Social and emotional skills are learned through modeling, implicit, and explicit instruction.
- Social emotional learning happens at home, at school, and in the classroom both through daily interactions and specific social emotional learning curriculum.
- CASEL's social emotional learning framework:
 - Self-awareness
 - Self-management
 - Social awareness
 - Relationship skills
 - Responsible decision-making

Classroom Management

- Classroom management is not just discipline; it includes the ways teachers prepare their classroom, foster relationships with and between students, classroom routines, and ways teachers work to prevent problems.
- Effective classroom management:

- Is based in planning and preparation
- Is an extension of quality relationships
- Is embedded in the environment
- includes ongoing processes of observation and documentation
- Pedagogy of Social Emotional Learning
 - Build caring relationships
 - Teach social emotional skills
 - Set firm and fair boundaries
 - Share responsibility with students

Reflection and Exploration

Reflect on one aspect of your classroom management that feels effective.

- What about this feels effective?
- What areas of SEL does this aspect of classroom management help students develop?

Explore one aspect of your classroom management that feels ineffective.

- What about this feels ineffective?
- What area(s) of SEL might students need support with?
- How can you adjust this aspect of your classroom management to support SEL development?
